My Work From CA-380

**Stepping Stones:**

Growing up in a small town, like I did, made everything I've accomplished even harder to achieve. Few people get sports scholarships where I'm from. Then going 1-30 my first year wrestling did not help. It's hard to stay motivated when you are so bad at something a lose much more than you win. Somehow, I found a love for the sport and have run with it. Also, losing at state my sophomore year was the greatest heartbreak I've been through in my life. I should have won my first state championship that year but failed. This taught me I only needed to work harder and in my junior year I used that prior experience to help me win my first state title against a guy I had lost to earlier in the year. All these experiences lead to me being the first wrestler from my high school to ever receive a NCAA scholarship. I still have many goals to achieve, so, hopefully this list of steppingstones will become longer. Another teaching moment was getting diagnosed with diabetes 2 years ago. This showed me that tough things can happen to anyone and when you go through something like this, you must find a way to persevere. Just because I must deal with something most people do not, it is not an excuse, it is an opportunity to be great. It will only add to your story in the end.

**Discover Your Strengths:**

Developer- A developer makes it easier to help others understand something and this leads to better leaderships qualities.

Positivity-  Someone who is always looking to uplift people and make others lives better. Have a positive outlook on certain situations is a very important leadership quality.

Empathetic- Understanding what someone else is going through is something all great leaders should know about well. Someone who is understanding makes you feel welcome and makes everything easier.

**A Profile In Leadership:**

*In class we listened to an interview with Stacey Abrams and discussed some of what makes her inspiring.*

*Identify here what are the leadership traits that Stacey Abrams' embodies. This is a subjective exercise; there is no right or wrong answer. Please list at least three traits that you can identify.*

Confident- you can tell by listening to her she is very confident in herself and this a great leadership trait

Ambitious- She is very ambitious in what she does and this leads to people wanting to be part of what she is doing

Passionate- She is a very passionate person who puts her all into everything she does.

**Myers-Briggs Test:**

INFP (introversion, intuition, feeling, perception)

This is pretty accurate because I definitely am an inward thinker and prefer to work alone. I also like to focus on the big picture and know what I'm working towards.

**Kolb Learning Style Quiz:**

Reflective observation- 17

Concrete experience- 16

Active experimentation- 16

abstract conceptualization- 14

Diverging (feeling and watching – CE/RO)

These people can look at things from different perspectives. They are sensitive. They prefer to watch rather than do, tending to gather information and use imagination to solve problems. They are best at viewing concrete situations from several different viewpoints.

Kolb called this style ‘diverging’ because these people perform better in situations that require ideas-generation, for example, brainstorming. People with a diverging learning style have broad cultural interests and like to gather information.

They are interested in people, tend to be imaginative and emotional, and tend to be strong in the arts. People with the diverging style prefer to work in groups, to listen with an open mind and to receive personal feedback.

**Emotional Intelligence Test:**

My results told me I have High Emotional Intelligence.  My level of EQ likely has been and will be a driver of my high performance under pressure for years to come. my areas to work on include that I need to look back at what I've done and learn from those experiences.

**Leadership Style Inventory:**Top of Form

I got Postmodern Leader, this means I understand that leadership is both an art and a science. More than most, I recognize the joy available in the role of a leader. The pleasure of leadership is realized through the transformation of society and the realization of human potential. Leadership is an action that brings you greater self-awareness. This is not surprising to me because everything this says about being a post modern leader matches up with all my ideals correctly.

**Leadership Skills Inventory:**

I got a score of a 76. it says I am likely able to envision a clear direction for your company and communicate your plans in a way that excites others. People who excel in this area are innovative visionaries who are confident in their ability to persuade and convince others. They consider it essential to make those they lead aware of, as well as part of, their vision. This is interesting to me because I have always thought I make a good leader, but this helps show myself how and what leaderships skills I excel in.

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Top of Form

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